

April 1, 2020 Wednesday Lenten Meditation – Sarah Ferrell

The first scripture lesson comes from Jeremiah 29:11; “For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.”

This is my all-time favorite verse. I always go back to this line of scripture when I need reassurance that God has a plan for my life and is watching after me. This verse brings me comfort and peace, when I do not have it.

For those who do not know, I have recently gotten engaged. Throughout my life I have prayed and reached out to God for several things. They have included: my grades while I was in school, my path after High School, getting into a college, finding a job after college, and most recently, where my life will go next as I enter a new chapter of my life.

I have a lot of questions and worries about where my life is going to take me next; however, I do know that I can trust God, as he has the perfect plan made out just for me.

It has always been a challenge of mine, during different stages of my life, to reach out to God and remember that he is there for me. I tend to get so caught up in my thoughts and worries, that I start to freak out and get anxious, and do not turn to God in prayer.

No matter where you are right now in your life, you can always go back to this verse – as a reminder that God has a plan for you. It may not be the plan you thought, however; it is the perfect plan for you. In knowing this, you should feel a huge amount of comfort in knowing that God is right by your side.

The second scripture lesson comes from Proverbs 3:5; “Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.”

Growing up I always thought that God never heard my prayers and never listened to me. I would get upset and at times I would stop praying because I felt like God never answered. Looking back, God would answer my prayers, however; it was just not what I was looking for, so I just assumed that he was not listening.

With a lot of changes going on in my personal life and around the world, it is important that we look at both verses and go to God in prayer. During these uncertain times, let us all remember to go to God and express our joys, concerns, and worries and give them all to God.

Take these extra moments that we all have right now and go to God in prayer. Ask him for help, comfort, peace, and guidance. Be comforted in the fact that he hears each of our prayers and he will give us all an answer.

I challenge you to use this time during this Lenten season, to pray more, listen to God, and be ready for his answers – whatever they may be.

I chose this hymn for us all to sing together – it is titled “I will trust the Lord” and can be found on page 464 in the United Methodist Hymnal. Here are the lyrics for you to look at and sing.

I will trust in the Lord,  
I will trust in the Lord,  
I will trust in the Lord til I die.  
I will trust in the Lord,  
I will trust in the Lord,  
I will trust in the Lord till I die.

I'm gonna treat everybody right,  
I'm gonna treat everybody right,  
I'm gonna treat everybody right till I die.  
I'm gonna treat everybody right,  
I'm gonna treat everybody right,  
I'm gonna treat everybody right til I die.

I'm gonna stay on bended knee,  
I'm gonna stay on bended knee,  
I'm gonna stay on bended knee til I die.  
I'm gonna sty on bended knee,  
I'm gonna stay on bended knee,  
I'm gonna stay on bended knee til I die.

Please pray this with me: Dear God, please continue to watch over us all during these uncertain times in our world right now. Please help us remember that you are always right by our side and are just a prayer away. Amen.